

## 5K RUN & 1 MILE FUN WALK

SATURDAY • SEPT. 30

TISHOMINGO NATIONAL WILDLIFE REFUGE • TISHOMINGO, OKLAHOMA

## This is a FREE event, and registration is now open!

Beth Cartwright | Beth.Cartwright@Chickasaw.net

## **SCHEDULE OF EVENTS**

1 MILE FUN WALK 8 A.M. **INDIVIDUAL 5K** 8:30 A.M.

Race results will be posted online at ItsYourRace.com. Individual 5K awards will be given to the top three male and female finishers in standard USATF age groups and the top overall male and female finishers.



No pets allowed. Baby strollers are welcome.

Visit **ItsYourRace.com** to pre-register for either the 5K Run or the 1 Mile Fun Walk.